



Neurological Voices



neurological
alliance
of scotland

Do you

- **have a neurological condition?**
- **care for someone who has a neurological condition?**
- **want to help improve health services?**

You can make a difference

- **Find out** about becoming a **patient representative**.
- **Come to a 'taster' session** and **see how** you can **get involved**.
- **Afterwards**, you can **decide** if you want to **take part** in **Neurological Voices training**.

Neurological Voices training involves **3 half-day workshops** where you can:

- **share your experiences and views**
- **gain confidence and skills**
- **learn how you can have your say to improve local NHS services.**

Free taster session and workshops. **Expenses** paid.

To **find out more**, please contact Jan Anderson

 07703 185 856

 jan.anderson@scottishneurological.org.uk

To **book a place**, please contact Margaret Kane

 07921 020 258

 margaret.kane@scottishneurological.org.uk

 Neurological Alliance of Scotland, Mansfield Traquair Centre,
15 Mansfield Place, Edinburgh EH3 6BB

'Taster' sessions in NHS Dumfries and Galloway area

Stranraer: Wed 29 Feb, 1.30-3.30pm. Stranraer Library.

Dumfries: Thurs 1 March, 10.30am-12.30pm. Aston Hotel.

Lockerbie: Thurs 1 March, 2-4pm. Somerton Hotel.

Places are limited please book early.